**Tanya Tringali, MS, CNM, FACNM**



9902 NW 6th Court, Plantation, FL, 33324

(347) 526-1210  Tanya@MotherWitMaternity.com

**Education:**

* Graduate training, The Midwifery Institute of Philadelphia University, PA. MS, Midwifery - GPA 3.9, 2005-2007.
* Undergraduate training, New York University, NY, BSN - GPA 3.7, 2001-2003.

# Healthcare Certifications and trainings:

# American Midwifery Certification Board #12530 Current through 12/31/2025

# BLS/CPR/AED (current through 07/2026)

# Perinatal Mental Health Frontline Provider Training (Postpartum Support International- 5/29/2020) online 8h course

**Fitness Certifications/Continuing Ed:**

* National Academy of Sports Medicine Certified Personal Trainer (08/2018-current)
* Pregnancy & Postpartum Athleticism Coach (9/2018-current)
* CrossFit Level 2 Coach (12/13/23-current)
* The Female Athlete level 1 (2019), level 2 (2020) Instructor Antony Lo (Pelvic Guru Academy)

**Licensure:**

* New York Licensed Midwife: 001293 (exp.09/30/2027), RN 548522-1 (inactive)
* Washington DC: RN/APRN-CNM, RN1051971(expired as of 6/30/2024)
* Florida APRN: 11022959 (expired as of 7/31/2024)

**Clinical Experience:**

1. Certified Nurse-Midwife (Owner/Founder), Mother Wit Maternity & Consulting Services, Virtual, 2017-current
2. Certified Nurse-Midwife (Locum Tenens), Montefiore Wakefield Campus, Bronx, NY. Triage, intrapartum care including first assist and postpartum care. 2/1/24 – current.
3. Certified Nurse-Midwife (Locum Tenens), Pediatrix, West Palm Beach, FL, Antepartum and postpartum care at a high-risk clinic in collaboration with OB/GYNs and MFMs. 1/4/2023-2/24/23
4. Certified Nurse-Midwife (Per Diem), Open Door, Sleepy Hollow, NY, Inpatient intrapartum, including first assist and postpartum care at Northwell Phelps Memorial Hospital. 2012-2023
5. Certified Nurse-Midwife (Locum Tenens), Nyack Montefiore Hospital, Nyack, NY. Inpatient intrapartum and postpartum care including first assist, 2022-2023.
6. Certified Nurse-Midwife, Senior Care Partner, Pebble, Virtual, 2019-2021.
7. Certified Nurse-Midwife, Maven, Virtual, 2017-2019.
8. Certified Nurse-Midwife, Boro Park OB/GYN, Brooklyn, NY, Full scope with privileges at Maimonides Medical Center, 2012-2018
9. Certified Nurse-Midwife, Full Circle Women’s Health. Sleepy Hollow, NY. Full scope including first assist, with privileges at Phelps Memorial Hospital. 2009-2012
10. Certified Nurse-Midwife (Per Diem), Planned Parenthood, Hudson-Peconic, Antepartum care, 03-08/2011.
11. Certified Nurse-Midwife, Nyack Hospital, Nyack, NY. Full scope including first assist, with privileges at Nyack Hospital, 2007-2009
12. Registered Nurse, labor and delivery, White Plains Medical Center, White Plains, NY, 2005-2007.
13. Registered Nurse, labor and delivery, New York Medical Center, NY, NY, 2004-2005.
14. Research Assistant, Fulmer Caregiving Study, New York University, NY, NY, 2002-2003

**Teaching Experience:**

1. Adjunct Faculty, New York University, Rory Meyers College of Nursing, 2015-present.
2. Clinical Faculty Advisor, Georgetown University, Washington D.C., 2018-2023.
3. Clinical Instructor, New York University, Rory Meyers College of Nursing, Midwifery Program, 2014-2018.
4. Course Instructor, Issues in Reproductive Health in Developing Nations, Philadelphia University, 2011-2014.
5. Co-creator/Course Instructor, Service Learning in Reproductive Health in Developing Nations, Philadelphia University, 2012-2014.
6. Midwife Tutor, Faculty, Philadelphia University, 2008-2012.
7. Academic Mentor, Philadelphia University, 2010-2011.

**Administrative Experience:**

1. Program Director, Pebble, Virtual care, 2019-2021
2. Co-Administrative Midwife, Boro Park OB/GYN, Brooklyn, NY, 2014-2018.
3. Clinical Site Coordinator, New York University, NY, NY, 2016-2018.
4. Admissions Assistant, Philadelphia University, Philadelphia, PA, 2010-2012.

**Legal Consulting:**

1. Expert Opinion, NYS Dept of Education 2019-current
2. Expert Opinion, Verrill Dana LLP, 2021
3. Expert Opinion, Hinkle & Shanor, 2019
4. Expert Opinion, Bruya & Associates, 2016
5. Expert Opinion, Farkas & Donohue 2015

**Research and scholarly activities**

ORCID ID: <https://orcid.org/0000-0002-0392-1564>

**Original Articles**

1. Grace, K. T., Jeffers, N. K., **Tringali, T**., & Farley, C. L. (2024). The Changing Landscape of Gendered Language in Pregnancy and Birth: Editors' Experiences. *The Journal of nursing education*, 1–4. Advance online publication. <https://doi.org/10.3928/01484834-20240423-04>
2. Kpangaala-Flomo, C.C., Tiah, M.W., Zeantoe, G.C., Loweal, H.G., Matte, R.F., Lake, S.C., Altman, S.D., Mendoza, M., **Tringali, T**., Stalonas, K., Goldsamt, L., Kurz, R., Zogbaum, L. and Klar, R.T. (2021). Structure, Process, and Outcomes of Liberian National Nursing and Midwifery Curricular Revisions. *Annals of Global Health*, 87(1), p.97. DOI: <http://doi.org/10.5334/aogh.3248>
3. Shakpeh, J.K., Tiah, M.W., Kpangbala-Flomo, C.C., Matte, R.F., Lake, S.C., Altman, S.D., **Tringali, T**., Stalonas, K., Goldsamt, L., Zogbaum, L. and Klar, R.T. (2021). Normal Physiologic Birth Continuing Professional Development: From a National Health Priority to Expanded Capacity. *Annals of Global Health*, 87(1), p.99. DOI: <http://doi.org/10.5334/aogh.3247>
4. Bradford, H.M., Farley, C.L., Escobar, M., Heitzler, E.T., **Tringali, T.**, Walker, K.C. (2021) Rapid Curricular Innovations During COVID-19 Clinical Suspension: Maintaining Student Engagement with Simulation Experiences. *J Midwifery Women’s Health*. May;66(3):366-371. doi: [10.1111/jmwh.13246](https://doi.org/10.1111/jmwh.13246). PMID: 34114314.
5. Farley CL, **Tringali T**, O’Connor S. Growing American midwifery: The Certified Midwife credential. Midwifery Today. 2013 Jan 1. 108: 62-63. PMID:24511849

**Books/Chapters in books**

1. Grace KT, Farley CL, Jeffers, N & **Tringali T**. (Eds.). Prenatal and postnatal care: A person-centered approach, 3rd edition. Wiley Publishers, 2023, ISBN-10:1119852692
2. Farley CL., **Tringali T.** Chapter 6: Physiologic alterations in the postnatal period. In Grace KT, Farley CL, Jeffers, N & **Tringali, T.** (Eds.). Prenatal and postnatal care: A person-centered approach, 3rd edition. Wiley Publishers, 2023.
3. Benyounes, J., **Tringali T.** Chapter 19: Sexuality. In Grace KT, Farley CL, Jeffers, N & **Tringali, T.** (Eds.). Prenatal and postnatal care: A person-centered approach, 3rd edition. Wiley Publishers, 2023.
4. Garland, M., **Tringali T.** Chapter 20: Physical activity and exercise in the perinatal period. In Grace KT, Farley CL, Jeffers, N & **Tringali, T.** (Eds.). Prenatal and postnatal care: A person-centered approach, 3rd edition. Wiley Publishers, 2023.
5. Technical editor to Antepartum Module. (2007). *ACNM Life Savings Skills Manual, 3rd edition.* Silver Springs, MD: American College of Nurse-Midwives.
6. Contributor to 4th ed. Tharpe, N. & Farley, C. L. & Jordan, R. (2009). *Clinical Practice Guidelines for Midwifery & Women’s Health, 4th edition*. Sudbury, MA: Jones & Bartlett Publishers.
7. Contributor to 5th ed. Tharpe, N. & Farley, C. L. & Jordan, R. (2017). *Clinical Practice Guidelines for Midwifery & Women’s Health, 5th edition*. Sudbury, MA: Jones & Bartlett Publishers.

**Faculty Activities:**

1. New York University, Rory Meyers College of Nursing, Midwifery Program, Admissions Committee, 2015-present.
2. Philadelphia University: Curriculum Revision Committee, 2008-2012
3. Philadelphia University: Admissions Committee, 2012-2012
4. Faculty development, PBL training at McMaster University, 2010

**International work:**

1. New York University-Consultant: Resilient and Responsive Health Systems Initiative Liberia (Funded by HRSA), 2018-2021.
2. Philadelphia University, Global Brigades, (Panama). Faculty supervisor, 2012.
3. Philadelphia University, Midwives for Haiti, 2011.
4. Philadelphia University, Village of Vision for Haiti Foundation, 2011.
5. Independent, Earthquake relief, Midwives for Haiti, 2010.

**Grants:**

1. $9,000-Philadelphia University, Signature Learning Grant to incorporate an international service-learning component for midwifery students into an existing course (See- Issues in reproductive health in developing nations), 2011.

**Memberships:**

1. American College of Nurse Midwives (ACNM), 2005-current
2. (ACNM) Midwives of Color Committee (MOCC) and active member of the mentoring subcommittee, 2011-2016.

**Leadership:**

1. Friends of Midwives of Color Committee, secretary, 2017-2018.
2. Louisiana Affiliate of the ACNM, secretary, 2020-2023.

**Awards:**

1. Greater New York Hospital Association. Honoring Haiti’s Hero’s: Recognizing Haitian Earthquake Medical Responders, 2010.
2. American College of Nurse Midwives, Midwives of Color Committee: Mentor of the Year Award, 2013.
3. American College of Nurse Midwives: Preceptor of the Year Award, 2015.
4. Georgetown University, Clinical Faculty Advisor of the Year, 2022.
5. Wiley, Top downloaded article for 2022 for *Rapid Curricular Innovations During COVID-19 Clinical Suspension: Maintaining Student Engagement with Simulation Experiences*, 2022*.*
6. Awarded Fellow of the American College of Nurse Midwives, 2023.
7. ACNM Media Award ([The Mother Wit Podcast](https://www.motherwitmaternity.com/podcast) & [Thriving After Birth](https://www.motherwitmaternity.com/thriving)), 2023.

**Professional Activities:**

1. ACNM Foundation Basic Scholarship Application Reviewer, 2017-present.
2. NYU Meyers Telehealth Task Force: Development of Orientation to Telehealth Module for students and faculty. Development and implementation of telehealth/women’s health simulations, 2020.
3. Guest Lecturer, Polycystic Ovarian Syndrome, New York University, Midwifery Program, 2015.
4. Guest lecturer, Problem Based Learning, New York University, Midwifery Program, 2015.
5. Webcast, recording: Providing Intrapartum Care in Developing Countries. Georgetown University. Course # NURO682, 2012.
6. Webcast, recording: Shoulder Dystocia. New York University. Course # NURSE-GN-2134, 2013.
7. Advisory Board, Member. [BirthSmarter](https://birthsmarter.com/). 12/2024-current.

**Entrepreneurship:**

1. Founder: Mother Wit Maternity & Consulting Services, New Orleans, LA. [motherwitmaternity.com](https://motherwitmaternity.com/), 2017-current
2. [Propeller Impact Accelerator](http://gopropeller.org/accelerator/), [Venture accepted into the health sector](http://gopropeller.org/ventures/mother-wit-maternity-consulting-services/) for Mother Wit Maternity & Consulting Services, 2019.

**Media:**

1. Host, [The Mother Wit Podcast](https://www.motherwitmaternity.com/podcast). Launched 12/19/21.
2. O’Connor, J. (2022). [All about prenatal workouts including general guidelines and pregnancy friendly exercises](https://www.runnersworld.com/women/a40910139/guide-to-prenatal-workouts/). *Runner’s World.*